

**Lyzme5® Pre-clinical Human Study**

**Human Study I  
Summary Report**

**Study sponsor:**

**All American Pharmaceutical and Natural Foods Corporation**

**2376, Main Street  
Billings, Montana 59105**

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Human Study I**

Report Summary

**Procedure**

Three healthy humans were used for this pre-clinical study. Two females and one male. No changes were made to any of the subject's diets, exercise programs or life styles.

Lyzme5® was administered as follows in a liquid form:

Week 1            1 tsp or 500 mg 20 minutes before breakfast

Week 2            1 tsp or 500 mg twice per day. Once 20 minutes before breakfast and once 20 minutes before lunch

Week 3 through Week 6        1 tsp or 500 mg three times per day. Once 20 minutes before breakfast, once 20 minutes before lunch and once 20 minutes before dinner.

**Results**

**First Six Weeks**

Female Subject 1:

Starting Body Fat%:	43.3%
Starting Body Weight:	218.5 lbs
Ending Body Fat%	31.0%
Ending Body Weight:	205.2

Total body % weight loss of 12.3% and 13.3 lbs.

**Second Six Weeks**

Subject one continued testing for an additional 6 weeks with the following results:

Body Fat % dropped to 19% for an additional loss of 12%  
Body Weight dropped to 178.5 or an additional 26.7

**First Six Weeks**

Female Subject 2:

Starting Body Fat%:	30.0%
Starting Body Weight:	184 lbs
Ending Body Fat%	26.8
Ending Body Weight:	166.8 lbs

Total body% weight loss of 3.2% and 17.2 lbs

First Six weeks:

Male Subject 1:

Starting Body Fat%:	19.0%
Starting Body Weight:	242 lbs
Ending Body Fat%:	10.0%
Ending Body Weight:	232 lbs

Total body% weight loss of 9% and 10 lbs.

**Conclusion:**

In this pre-clinical study, Lyzme5® significantly lowered body fat percent and total body weight. Each subject reported having more energy, feeling leaner and just felt much better all around. No side effects were reported.  
Product recognized as safe and effective.