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Study: Study administering Kre-Alkalyn[®] US Patent 6,399,661 - vs- Placebo to 12 endurance athletes in the off season phase

Purpose of Study: To see if Kre-Alkalyn increases Energy, Endurance & Stamina in athletes.

Procedures: 6 subjects were administered 1.5 grams of Kre-Akalyln in the A.M. and 6 subjects were administered 1.5 grams of a placebo in the A.M. for 8 weeks. No changes were made to diet or off season training.

Endurance & Stamina levels were tested at the beginning of the study and every 2 weeks for 8 weeks.

The testing equipment used were Life Fitness computerized bicycles. These systems are able to monitor heart beat and revolutions per minute.

Results: The pre test showed that both the placebo group and the Kre-Alkalyn group were all at about the same Endurance & Stamina levels. They were barely able to work up and maintain a level 5, at 100 rpm's for 20 minutes.

Placebo Group: Not much progress was made from Week 1 to Week 8. At the end of week 8, placebo group could work up and maintain a level 6, at 100 rpm's for 20 minutes.

Stamina was still at 20 minutes while endurance was increased slightly to level 6.

Kre-Alkalyn Group: Results were fantastic. At the end of Week 8, Kre-Alkalyn group was able to work up to and maintain a level 15 at 100 rpm's for 40 minutes.

Stamina increases from 20 minutes to 40 minutes. A 100% increase.
Endurance increased from level 5 to level 15 a 200% increase.

Conclusion: Kre-Alkalyn dramatically increases endurance and stamina in endurance athletes. Stamina increases of 100% and Endurance increases of 200%.